

(避難訓練)

安全確保行動の3ステップ!







DROP!

COVER!

HOLD ON!

1 しゃがむ:姿勢を低く!

2 かくれる: 体・頭を守る!

3 まつ:揺れが収まるまで待つ!

地震時の対応を全員で確認!

緊急地震速報の放送を確認後・

- 安全確保行動を2分間
- 屋外の一時避難場所へ移動
- 避難場所で避難者確認
- ◆講義は11:40 (訓練開始時間) までに終了
- **◆自衛消防隊の訓練は11:40-12:15頃まで**





simulates an earthquake with intensity

KAKUMA-CAMPUS SIMULTANEOUS EVACUATION DRILL

2016 Kanazawa University Disaster Drill

Oct. 19 (Wed) 11:40-12:00

(evacuation drill)

3 steps to take personal protective action!



Checklist of Actions to take when Earthquake strikes!

- ****Pay attention to the emergency earthquake** warning relayed through the speakers.
- 1) Take personal protective action for two minutes to educe chance of injury (see the figures below).
- 2 Evacuate from the building to a nearby safe space outside (temporary evacuation area) using the designated evacuation route.
- ③ Upon arrival at the temporary evacuation area, report your presence to the person in charge.

- 1 DROP to the ground.
- 2 COVER yourself by getting under a sturdy desk or table.
- 3 HOLD ON until the shaking stops.

- **♦**Lecture on 2nd Period will finish by 11:40am (drill starting time)
- ♦ Self-Defense Fire Brigade drill 11:40-12:15